



ERASMUS-EXPERIENCE REPORT

Name: Anonymous

Field of study:

Environmental Science

Host University: Swedish University of Agricultural Sciences, SLU

Year of study: 2021 - 2022

Duration of stay: from 30.08.2021 to 14.10.2022

Publication of the report

I consent to the publication of this experience report including the above data (field of study, host university, year of study, duration of stay) on the website of BOKU-International Relations for the purpose of sharing information related to the study visit, so that future interested outgoings can inform themselves about your experience at the host institution.

yes **no**

The consent is voluntary and can be withdrawn at any time without giving reasons with immediate future effect. Any withdrawal can be declared at any time by e-mail to erasmus@boku.ac.at.

THE FOLLOWING ASPECTS WOULD BE INTERESTING FOR FUTURE OUTGOINGS:

1. City, country and people + social integration
2. Accommodation
3. Costs and expenses
4. Arrival and departure (mean of transport)
5. Other (visa, insurance, etc.)
6. Description of host university
7. Application and enrollment formalities and orientation phase
8. Course offer and attended courses (short description and possibly grading)
9. "Study workload" (ECTS) per semester + grading
10. Academic counseling/support
11. Tips and summary

I stayed in Uppsala, Sweden and took classes at SLU Ultuna Campus. The campus was very nice and close to nature. They had a student union, a permaculture farm, and other sustainable initiatives. Furthermore, there was space to get to know your professors and researchers outside the classroom. The campus offered many good study spaces and the whole student atmosphere was very good.

There was a good ERASMUS group which meant that it was easy to meet people and find friends due to all the ERASMUS activities held.

I chose to stay in an accommodation a bit out of town, but all the other ERASMUS students had good experience staying at Rackabergsgatan dorm. Sweden is quite costly; however, it is still manageable. In Uppsala you get around by bike and SLU is a 20–25-minute bike ride from the city center.

The application and enrollment formalities at SLU are quite easy as SLU is very digitalized. They have an extensive course offer; however, I only took one "normal" course as I also did an internship and my master thesis. However, the one course that I did take was very interesting and had lots of exercises that helped us learn better. This was also a good way to meet people as you would work in smaller groups.

The workload can be quite intense but definitely manageable. I would say that the 15 ECTS courses actually resemble 15 ECTS workload.

In Uppsala you can get good support for the winter blues. They have a light room in town for the students where you can go and get some light therapy in the dark months.

Furthermore, they offer counseling if you deal with any overwhelming feelings as a student. It's also possible to get academic counseling from the student services and the workshops that they offer.

Uppsala is a great place as a student however the town itself is not particularly eventful. But as a student there will be many social events to keep you busy. Be prepared for the long and cold winter and try to do as many outdoor activities as you can such as hiking, cross-country skiing and ice skating.